PROGRAMMING BY-GRADE:

Pre-Kindergarten
- Farm to preschool Gardening Fun
- Little Books and Little Cooks

Kindergarten- 2nd
- ICAN - Healthy Snacks
- ICAN -Gardening Fun

3rd Grade
- Progressive Agriculture Safety Day
- ICAN- Healthy Drinks
- ICAN- Gardening Fun

4th Grade
- Ag-ploration (Agriculture Literacy Program)
- ICAN - Up4It Series
- ICAN- Gardening Fun

5th Grade
- Egg to Chick/Embryology
- ICAN - Up4It Series

6th Grade
- ICAN - Up4It Series
- ICAN- Eat Fit Series

7th - 10th Grade
- ICAN- Eat Fit Series

8th-12th Grade
- Aggie Next Step Post Secondary Success Program
- Mind Matters- Overcoming Adversity

other agriculture or nutrition programs available upon request

Contact our office today to request extension programing for your classroom or school!

**Chaves County
Cooperative Extension Service
200 S Chisum #4
Roswell, NM 88203**

Phone:575-622-3210
Email: chaves@nmsu.edu

Contact Us Today:

Family Consumer Science/4-H:
Tamara Schubert
tamschub@nmsu.edu

Agriculture/Natural Resources:
Drew Garnett
dgarnett@nmsu.edu

ICAN:
Amie Steen
alsteen@nmsu.edu
ican.nmsu.edu

NM STATE

**BE BOLD. Shape the Future.
New Mexico State University**

Chaves County Cooperative Extension Service

School Programming Guide

BE BOLD. Shape the Future.
College of Agricultural, Consumer and Environmental Sciences
Cooperative Extension Service
Chaves County Extension Office

ICAN
Ideas for Cooking and Nutrition

ICAN is a New Mexico State University Cooperative Extension Service program funded by Federal grants to provide nutrition education to SNAP-eligible audiences in New Mexico. Our mission is to inspire New Mexico's families to make healthy food and lifestyle choices and to make those choices possible by creating health-friendly communities.

Our nutrition educator is available for in-classroom instruction during the spring or fall semesters depending on lesson topics. Please contact the office to schedule a date as the calendar fills in quickly!

Fall Programs:
- ICAN Fruit Faces/ Fruit Tastings
- ICAN Sugar Overload/Smoothies
- ICAN Super Snackers
- ICAN Up For It

Spring Programs:
- ICAN Vegetable Superhero's
- ICAN Your Veggies Your Way
- ICAN Up For It

WHAT IS 4-H?
Head, Heart, Hands, and Health

The 4-H youth development program is a dynamic, non-formal education program of New Mexico State University Cooperative Extension Service.

4-H provides youth ages five to eighteen with opportunities to learn skills, gain knowledge, have fun, and make contributions in such areas as environmental education, community service, and current youth issues.

The Chaves County Extension Service provides two county-wide school programs held each year in the Spring. Additionally, agents would be happy to bring 4-H youth development programming to your classroom or school throughout the year!

Below are specific school programs currently being offered:
- Farm to preschool Gardening Fun
- Progressive Agriculture Safety Day - Spring
- Ag-Encounter - Spring
- Egg to Chick - Spring
- Aggie Next Step Post Secondary Success Program

If you are interested in incorporating 4-H programming into your classroom or school, please contact a Chaves County Extension Agent today!

4-H IN THE CLASSROOM
4-H & the Experiential Learning Model

The 4-H program can be incorporated into classrooms/schools in order to encourage students to become more intrinsically self-motived by combining the project-based learning of 4-H with experiential learning.

After incorporating 4-H, in conjunction with the experiential learning model, into a Bernalillo County School, the following results were reported:

Attendance
- Chronic absenteeism decreased by 16%
- Early pick up on Fridays dropped by nearly 100%.

Behavior & Work Completion
- Behavior referrals dropped significantly as teachers were able to handle most issues in the classroom.
- Increase in work completion rate and improved classroom behavior.
- Addition of small animals (guinea pig, rabbit, chicks) in the classrooms provided emotional stability for youth.

State-wide Test Scores
- The entire schools (not just the classes participating in the 4-H program) test scores increased by more than six points bringing their school's rating to less than a point away from the next tier.